



YOUTH CLASSES

ADULT & TEEN CLASSES

MONDAY

10:30 am *Axis* Dragons
 11:00 am *Axis* Training Team

 4:30 pm Little Dragons
 5:00 pm Jr. White & Yellow
 5:30 pm Little Dragons
 5:30 pm Jr. Orange & Green
 6:00 pm Warrior Club
 6:30 pm Jr. Purple thru Black

11:00 - 11:30 am *Axis* Training Team

5:30 - 6:00 pm Apprentice Program
 6:00 - 7:30 pm Martial Arts

TUESDAY

10:30 am Little Dragons
 11:00 am Youth Martial Arts

 4:30 pm Little Dragons
 5:00 pm *Axis* Dragons
 5:00 pm Jr. Purple, Blue & Brown
 5:30 pm Jr. Red & Black
 5:30 pm *Axis* Training Team
 6:00 pm Jr. White & Yellow
 6:30 pm Jr. Orange & Green

11:30 - 1:00 pm Martial Arts

5:30 - 6:00 pm *Axis* Training Team
 6:00 - 7:30 pm Martial Arts*

**First Tuesday of month is Core Defense*

WEDNESDAY

10:30 am *Axis* Dragons
 11:00 am *Axis* Training Team

 4:30 pm Little Dragons
 5:00 pm Jr. Orange & Green
 5:00 pm Jr. White & Yellow
 5:30 pm Little Dragons
 5:30 pm Jr. Purple thru Black
 6:00 pm Warrior Club

11:00 - 11:30 am *Axis* Training Team

5:30 - 6:00 pm Apprentice Program
 6:00 - 7:30 pm Martial Arts

THURSDAY

10:30 am Little Dragons
 11:00 am Youth Martial Arts

 4:30 pm Little Dragons
 5:00 pm *Axis* Dragons
 5:00 pm Jr. Brown thru Black
 5:30 pm *Axis* Training Team
 6:00 pm Jr. Orange thru Blue
 6:30 pm Jr. White & Yellow

11:30 - 1:00 pm Martial Arts

5:30 - 6:00 pm *Axis* Training Team
 6:00 - 7:30 pm Martial Arts

SATURDAY

10:00 am *Axis* Training Team
 10:30 am Little Dragons
 11:00 am *Axis* Dragons
 11:30 am Jr. White thru Green
 12:00 pm Jr. Purple thru Black

10:00 - 11:00 am *Axis* Training Team

11:00 - 12:30 pm Martial Arts

Our mission since 1993 has been to improve lives through Martial Arts based defense, fitness and character development.

**Summer Schedule*

